

## **Health FAQ for Online Students**

**Q.** I have a health hold on my enrollment. What can I do to lift the health hold?

**A.** Print off the UNO [Pre-Enrollment Health Requirement Document](#), fill it out, and attach the records of your immunizations. The form and your records can be dropped off at Health Services, mailed to Health Services, or faxed to Health Services. If you were born before 1957, you are exempt from providing immunization records. Download the UNO Pre-Enrollment Health Requirement Document, check the box indicating that you were born before 1957, and send the form to Health Services.

### **Contact:**

University of Nebraska at Omaha

Student Health Services MBSC 1<sup>st</sup> floor

Phone: 402/554-2374      Fax: 402/554-2387

6001 Dodge Street      Omaha, NE 68182-0301

**Q.** Where do I find my immunization records?

**A.** Contact your health care provider, who should have records of your immunization history. If you don't have a health care provider or can't remember your past health care provider(s), contact your high school or any other colleges/universities that you have attended and request that they [release your medical information](#). It is likely that those institutions will have a record of your immunizations.

**Q.** I have been unable to find my immunization records. What can I do to lift the health hold?

**A.** Contact your health care provider and request a rubeola titer (a blood test that proves immunity). Send the test results (along with the completed UNO [Pre-Enrollment Health Requirement Document](#)) to UNO Health Services.

**Q.** I am unable to find immunization records and I am unable to have a rubeola titer. What can I do to lift the health hold?

**A.** Print the [Incomplete Immunization Waiver form](#) and fill in the information. The form can be faxed or mailed to UNO Health Services. This form is only valid for two years from the date it is filled out. It is the student's responsibility to update the form as needed to avoid an enrollment hold. **NOTE:** For reasons of public health and safety, it is recommended that all students are current on immunizations.

**Q.** My personal beliefs prevent me from getting immunized. What can I do to lift the health hold?

**A.** Print the [Incomplete Immunization Waiver form](#) and fill in the information. The form can be faxed or mailed to UNO Health Services. This form is only valid for two years from the date it is filled out. It is the student's responsibility to update the form as needed to avoid an enrollment hold. **NOTE:** For reasons of public health and safety, it is recommended that all students are current on immunizations.

**Q.** I would like to fax information to Health Services, but I don't have a fax machine.

**A.** The local Post Office and High School usually have fax machines that can be used. Hospitals and religious centers also frequently have fax machines.

**Q.** Can distance students purchase the UNO student health insurance?

**A.** No. Student health insurance is not available to distance students. Students must be enrolled in a minimum of 3 credit hours on campus.